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Yoga: Self-Transformation Tool | Aia Faham | TEDxYouth@Alexandria **Yoga** isn't just a physical activity, it's a state of mind. If you think you don't have any time for it, you can always just do **yoga** from ...

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Bhakti Yoga- Yoga's Ancient Wisdom (RadhanathSwami.com) Radhanath Swami is a Vaishnava sanyassin (a monk in a Krishna-bhakti lineage) and teacher of the devotional path of ...

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